

# The Sun Style 73 Forms

## Section One

- 1 Commencement Form
- 2 Leisurely Tying Coat
- 3 Opening Hands
- 4 Closing Hands
- 5 Single Whip Left
- 6 Lifting Hands
- 7 White Crane Flashing Wings
- 8 Opening Hands
- 9 Closing Hands
- 10 Brush Knee Twist Step Left
- 11 Playing The Lute
- 12 Step Forward To Deflect Downwards, Parry And Punch
- 13 Apparent Closing Up
- 14 Carrying the Tiger And Pushing the Mountain
- 15 Opening Hands
- 16 Closing Hands
- 17 Brush Knee Twist Step Right
- 18 Leisurely Tying Coat Right
- 19 Opening Hands
- 20 Closing Hands
- 21 Single Whip Left
- 22 Punch Underneath Elbow

## Section Two

- 23 Repulse Monkey Left
- 24 Repulse Monkey Right
- 25 Brush Knee Twist Step Left
- 26 Leisurely Tying Coat Left
- 27 Opening Hands
- 28 Closing Hands
- 29 Single Whip Right
- 30 Waving Hands Like Clouds Right
- 31 Higher Horse
- 32 Toe Kick Left
- 33 Toe Kick Right

### **Section Three**

- 34 Step On Firmly To Punch Downwards
- 35 Turn Body And Jump Up With Both Feet
- 36 Turn Diagonally To Subdue The Tiger
- 37 Toe Kick Left
- 38 Turning Body And Kicking With Heel
- 39 Step Forward Jo Deflect Downwards Parry And Punch
- 40 Apparent Closing Up
- 41 Carrying the Tiger And Pushing the Mountain

### **Section Four**

- 42 Opening Hands
- 43 Closing Hands
- 44 Brush Knee and Twist Step Left
- 45 Leisurely Tying Coat Left
- 46 Opening Hands
- 47 Closing Hands
- 48 Diagonal Single Whip (to front right)
- 49 Parting Wild Horse's Mane
- 50 Leisurely Tying Coat
- 51 Opening Hands
- 52 Closing Hands
- 53 Single Whip Left

### **Section Five**

- 54 Waving Hands Like Clouds Left
- 55 Waving Hands Like Clouds and Lowering Movement
- 56 Golden Cock Standing On One Leg
- 57 Fan Back

### **Section Six**

- 58 Fair Lady Working At the Shuttles
- 59 Higher Horse
- 60 Cross Hands And Patting Foot
- 61 Forward Step To Punch Crouch
- 62 Lively Step and Leisurely Tying Coat
- 63 Opening Hands
- 64 Closing Hands
- 65 Single Whip Left
- 66 Single Whip and Lowering Movement

- 67 Forward Step Seven Stars
- 68 Backward Step Riding Tiger
- 69 Turn Body, Lotus Kick
- 70 Drawing Bow To Shoot Tiger
- 71 Double Forward Punch
- 72 Yin And Yang Merging Into One
- 73 Closing Form